



SCORED, CHOREOGRAPHED, AND PERFORMED BY AMANDA BLYTHE, "YOU ARE" IS A SHORT DANCE FILM, RUMINATING ON METAMORPHOSIS IN A VACUUM.



Amanda Blythe serves the Washington, DC creative community as an artist, designer, and administrator. She creates expressionist dance films that evoke emotional states as mysterious as they are resonant. Classically trained in ballet, she first experienced modern dance and contact improvisation in college where she studied under Chris Aiken, Peter DiMuro, Colleen Thomas, Ishmael Houston-Jones, Tania Isaacs, and many others. She currently dances with Heart Stück Bernie, RebollarDance,

Spacetime Dance, and Britta Joy Peterson, as well as collaborating on independent projects. Prior credits include UpRooted Dance, Extreme Lengths Productions, Human Landscape Dance, Nancy Havlik's Dance Performance Group, ClancyWorks Dance Company, and DancEthos. Amanda also has experience as a marketer, podcast host, photographer/videographer, Q&A facilitator, and is willing to try anything once.

